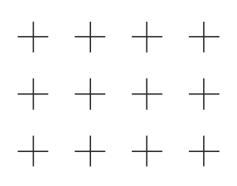


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## Advancing health for everyone, everyday.

Could this be you?

Join The Royal Melbourne Hospital Team



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Position Description Family Clinician (Grade 2)



#### THE ROYAL MELBOURNE HOSPITAL

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria's first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need.

Since those early years, we've moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs.

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

### OUR VISION Advancing health for everyone, every day.

#### THE MELBOURNE WAY

At The RMH we're inspired by our vision of Advancing health for everyone, every day. While we're each going about our different roles, we're united by a shared understanding of the way we do things around here. We call it The Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.





People are at the heart of everything we do. We take the time to understand how we can make the most positive difference for them.



Our care and compassion sets us apart. We lead the way with a respectful, inclusive spirit embracing the things that make us all unique.





True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

#### **OUR PRIORITIES**

The RMH Strategic Plan: Towards 2025. Advancing health for everyone, every day is our plan for the future — one which we are committed to achieving together. This position contributes to the achievement of the five Strategic Goals, articulated in the plan:

- 1. Be a great place to work and a great place to receive care
- 2. Grow our Home First approach
- 3. Realise the potential of the Melbourne Biomedical Precinct
- 4. Become a digital health service
- 5. Strive for sustainability



# **Position Description**

Position Title:	Family Clinician (Grade 2)
Service:	Orygen Youth Prevention & Recovery Care (YPARC), Clinical Services Reform
Location:	Parkville
Reports To:	YPARC Team Leader
Enterprise Agreement:	Victorian Public Mental Health Services Enterprise Agreement 2016–2020 / Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Interest Enterprise Agreement 2017–2021 or equivalent
Classification:	Occupational Therapist Grade 2, Social Worker Grade 2, Registered Psychiatric Nurse Grade 3 or Psychologist Grade 2
Immunisation Risk Category:	Category A
Date of Review:	January 2022

#### **POSITION SUMMARY**

The Family Clinician is responsible for the provision of support, family counselling, mediation and psychoeducation to young people and their families/carers accessing Orygen's Youth Prevention and Recovery Centre (YPARC).

The Family Clinician will work together with the clinical team to ensure that the support and therapy provided supports the young person and their families/carers. This family therapy may occur alongside individual therapy or group work or other programs so coordination with other support options is important.

Through evidence-based clinical best practice, provide specialist mental health care, physical health assessment, monitoring of treatments, side effects and physical health related to treatments. Also, provide care regarding clinical best practice within the multidisciplinary team regarding family intervention and fostering recovery.

This role will also support the entry and exit transitions to the YPARC and participate in a variety of other YPARC life activities to ensure comprehensive and safe consumer and family/carer-oriented care is attainable. Further, they will demonstrate high standards of clinical care that are responsive to the young person's developmental stage and presenting issues and informed by existing evidence and guidelines.

This position focuses on the emerging Orygen YPARC centre. The YPARC centre is a pivotal sub-acute program supporting young people transition to the community from inpatient psychiatric care, or to intervene early and prevent further deterioration that may lead to inpatient psychiatric care. The YPARC will also support young people with substance use issues. The YPARC will become a pivotal component of service delivery within the evolving Orygen service system.



#### **KEY ACCOUNTABILITIES**

- Provide comprehensive mental health services that are 
   Support and participate in the Health Services
  youth friendly, family inclusive, high-quality and evidence informed
- Deliver evidence-based brief interventions, with young people and their families/carers
- Participate in regular clinical case review meetings and Establish and maintain effective interfaces and multi-disciplinary team meetings to ensure appropriate, consistent and coordinated service pathways and service delivery response for young people and their families/carers
- Participate in and promote research and evaluation projects conducted at the YPARC centre
- Support youth and family/carer participation at the centre
- Promote 'family & carers' consultation and participation in all aspects of service delivery at YPARC
- Work collaboratively with other members of the YPARC team, especially the carer peer workforce
- Work with other local community agencies to determine support needs and assist referral of family/carers to appropriate community-based services.
- Take reasonable care for your safety and wellbeing and that of others.
- Work in your scope of practice and seek help where required.
- Work in partnership with consumers, patients and where applicable carers and families.
- · Work collaboratively with colleagues across all RMH teams.

- Occupational Health & Safety (OHS) Policies and Procedures and implement (where appropriate) at unit/service area level including reporting any incidents of unsafe work practices, sites/areas or equipment
- partnerships with key agencies and community groups through consultation, liaison, education and collaborative projects: including Family support services, Drug and Alcohol services, Youth Justice and primary care providers etc.
- Maintain accurate and timely electronic medical records and client related data
- Participate in ongoing service improvement initiatives and activities
- Contribute to a culture of caring, teamwork, continuous improvement, constructive performance review, quality work standards and client service
- The Family Clinician may be required to participate in other activities within the Orygen YPARC program as requested
- Seek feedback on your work including participation in annual performance discussion.
- Speak up for safety, our values and wellbeing.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Continue to learn through mandatory training and other learning activities.

#### **KEY SELECTION CRITERIA**

#### Formal Qualifications

- Formal training in family/systems therapy and/or approved qualifications in family therapy, mediation or equivalent
- Occupational Therapists:
  - Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
  - An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.) with a minimum 5 years clinical experience.
- Social Workers:



- An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.
- Registered Psychiatric Nurses:
  - Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
  - Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor Degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.
- Psychologists:
  - Registration as a Psychologist under the Australian Health Practitioner Regulation National Law Act (2009) with practice endorsement as a Clinical, Forensic or Clinical Neuro Psychologist with the Psychology Board of Australia (or eligibility to enter a registrar program as a clinical, forensic or clinical neuro psychologist with the Psychology Board of Australia where relevant).

#### Essential:

- Experience in developing and delivering group programs for families/carers, including family support groups.
- Passion, energy and determination to make a difference to health outcomes for young people and their families.
- Experience in working within the mental health care or family support services sector (or similar), with a sound understanding of mental health assessments; risk assessment and crisis intervention/safety planning; psychoeducation and short-term/brief interventions to young people experiencing mental health and/or substance use problems.
- Strong working knowledge of evidence-based family (systems) interventions.
- Demonstrated experience and ability to determine and plan for a young person's recovery and support needs, employing a shared-decision making approach.
- Excellent written and verbal communication skills.
- Demonstrated ability to work effectively in a multi-disciplinary team.
- Commitment to supporting clinical research within the service.
- Understanding of common issues and barriers faced by families/carers of indigenous and culturally diverse backgrounds.
- Strong time management, planning and computer skills
- Commitment to live the Melbourne Way putting people first, leading with kindness and achieving excellence together.

#### Desirable:

- Experiencing working in acute mental health or sub-acute (PARC or Step Up/Step Down) or residential services
- Experience working alongside youth and family participation processes
- An understanding of the current policy context for youth mental health nationally

#### **KEY PERFORMANCE INDICATORS**

Your performance will be measured through your successful:

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets



- · Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements

#### AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
- Are an equal opportunity employer, committed to providing a work environment free of harassment and discrimination. We promote diversity and inclusion in the workplace.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

#### ACCEPTANCE

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

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Date