



Latrobe Regional
Health

Senior Clinician Hospital Outreach Post- Suicidal Engagement (HOPE)

POSITION DESCRIPTION

Position Title:	Senior Clinician – Hospital Outreach Post-Suicidal Engagement (HOPE)
Enterprise Agreement:	Victorian Public Mental Health Services Enterprise Agreement
Classification:	Dependent on Qualifications and years of experience
Division:	Mental Health
Department/Unit:	Community Mental Health Services
Reports to:	Operationally – Area Manager Clinically – Manager, Specialist & Therapeutic Programs
Direct Reports:	N/A
Immunisation Category:	Category A

POSITION SUMMARY

The Hospital Outreach Post-Suicidal Engagement (HOPE) program provides support for people at the point of hospital discharge from Emergency Departments (ED) who are identified as at-risk of suicide or those who express suicidal ideation and/or repeated intentional self-harm.

The aim of HOPE is to provide assertive, tailored and evidence based clinical outreach and support alongside psychosocial support for a period of up to three months. The program will also provide support to the person's carers and families to identify and build the protective factors that help to reduce the risk of suicide and suicide attempts.

The Senior Clinician will drive the HOPE program to be the organisational leader in the implementation of the Zero Suicide (ZS) approach. This includes using the Suicide Prevention Pathway (SPP) and structured interventions with a focus on both clinical and psychosocial drivers of suicidality

ABOUT THE ROLE

The key accountabilities of the Senior Clinician HOPE include, but are not limited to:

- Engage high risk groups such as people who are indigenous, men, women, youth older persons, LGBTIQ+, CALD and those exposed to natural disasters and COVID 19 trauma
- Provide intake and access functions prioritising and responding to referrals received within 24 business hours
- Develop client engagement through a combination of face to face, email, telephone, videoconferencing or Skype contact
- Provide comprehensive suicide and self-harm assessment for all clients on referral from ACIS teams based in ED, general hospital wards or community teams
- Complete risk formulations that identify risks and develop suicide safety plans that focus on the drivers of suicidality and lethal means interventions
- Provide coordination and referral of persons for psychosocial support with The Way Back Support Service (TWBSS) or other partnering organisations
- Utilise the Zero Suicide approach as the underling framework including the suicide prevention pathway, documentation and structured interventions
- Contact all persons who miss appointments and who have not contacted the same day and where unable, to contact family or carers
- Undertake a range of psychosocial interventions and therapies that address drivers of suicidality for a period of 3 months using focused psychological strategies that can include (Psycho-education, Cognitive Behaviour Therapy, Skills training, Interpersonal therapeutic strategies or narrative therapy and Optimal Health Program)
- Ensure all handovers between organisations and teams are “warm handovers” and include agreed goals
- Support referral to GP or other primary care providers
- Provide primary and secondary consultation and support to ACIS and other teams and collaborative support where consumers are not appropriate for HOPE
- Monitor and maintain clinical systems and information management processes that support service delivery
- Complete all HOPE documentation in partnership with clients, carers, significant others and the multi-disciplinary team
- Support local health services, emergency departments and GPs to develop a common understanding of appropriate screening and referral pathways
- Assist in the promotion of HOPE to ED across Gippsland, LRHMHS, primary care and other community services

- Undertake relevant program administration duties including completion of organisational & program reports and statistics
- Other duties as directed by the manager

Professional Commitments

- Commitment to uphold the vision, values and strategic pillars of LRH, integrating it into daily practice
- Commitment to all LRH policies and procedures, as implemented, varied or replaced from time to time
- Commitment to all relevant legislative requirements and national standards
- Commitment to Occupational Health and Safety regulations and requirements
- Safety is everyone's responsibility, so individuals at LRH are responsible for taking reasonable steps to ensure their own and others safety.
- Everyone at LRH has a role to play in developing a positive risk culture. You are encouraged to identify opportunities for improvement and assist LRH to achieve its risk objectives within the scope of your role.
- Contribute and adhere to the requirements of the National Safety and Quality Health Service Standards (NSQHS)
- Maintain required immunisations and vaccinations in line with LRH requirements
- Complete all LRH mandatory professional development and training requirements, including annual performance appraisal
- Observe and actively encourage continuous improvement initiatives, cultural awareness, diversity and inclusiveness
- Support the delivery of high quality and safe patient care
- Undertake other duties required as directed by your supervisor or management, provided these are within your competency or training

ABOUT YOU

Behaviours\Personal Attributes

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| • Ability to relate well with consumers and carers, external agencies and the general public | • Ability to articulate and represent consumer's issues and concerns |
| • Integrity | • Adaptability |
| • Communication | • Compassion & Empathy |
| • Team work & collaboration | • Respect |

KEY SELECTION CRITERIA

Qualifications\Registrations

Essential:

- Registered Nurse Division 1 with a post graduate diploma in mental health/psychiatric nursing
- Degree or Diploma of a recognised school of Occupational Therapy, current AHPRA registration and eligible to be a member of Occupational Therapy Australia
- Current APHRA registration as a psychologist with Appropriate Post Graduate Qualification in Clinical Psychology
- Degree in Social Work eligibility or other qualification acceptable for membership to AASW
- Current driver's license

Experience\Knowledge

Essential:

- Minimum 3 years' experience post completion of mental health specialist training
- Relevant clinical experience in mental health services with well-developed organisational skills
- Expertise in assessing and formulating suicide and self-risk and then developing safety plans that address suicide drivers and lethal means interventions
- Well-developed communication and interpersonal skills including the ability to collaboratively consult and liaise with other consumers, carers, staff members and other relevant agencies
- A strong commitment to providing consumer and family focused mental health care
- Ability to provide leadership, advocate and think creatively to develop innovative ways of providing mental health care to meet consumer and carer needs
- Expertise in the delivery of collaborative care in in partnership with consumers and carers 4 Senior Clinician - Hospital Outreach Post-Suicidal Engagement Latrobe Regional Hospital
- Knowledge and commitment to utilising family friendly, trauma informed and recovery-based models of care.
- Ability to work collaboratively with peer and lived experience workers

- Demonstrated ability to work collaboratively with internal and external organisations
- Working knowledge of NSQHS and National Standards for Mental Health Services
- Sound knowledge of the Mental Health Act 2014 and other relevant legislation
- Ability to work independently and as part of a team
- Computer literacy skills

LRH will assess applications for this role against the qualifications, experience and attributes outlined above.