

Position Description

Position Title

Therapeutic Counsellor

Classification & Stream

Health Professionals & Support Services Award 2010

Level 3

Stream

Alcohol & Other Drugs (Social Mission)

Reports to

Gambler's Help Clinical Team Leader

Date

29 July 2020

Primary Purpose of the Position

- Provide therapeutic counselling to problem gambling clients and their significant others
- Provide education, training and professional development to health and welfare providers who may come into contact with people experiencing gambling-related impacts
- Participate in planned service promotion activities and group work

About The Program

Melbourne Counselling Service (MCS) is a program of The Salvation Army Australia (TSA) operating across the Alcohol & Other Drugs and Family Violence social mission streams, and the Doorways community engagement stream.

MCS operates the following programs:

Gambler's Help City & Inner North (GHCIN) – GHCIN is part of the Victorian State
Government's Integrated Problem Gambling Strategy; it is one of nine Gambler's Help
(GH) programs funded by the Victoria Responsible Gambling Foundation (VRGF).
GHCIN comprises four service components: therapeutic counselling, financial
counselling, community education and venue support

About The Salvation Army Australia

The Salvation Army Australia Values Statement

We value integrity, compassion, respect, diversity and collaboration.

We commit ourselves in practice to this land of Australia and its people, seeking reconciliation, unity and equity.

Expected Outcomes

Direct Service

- Provide educative and therapeutic counselling to individuals, couples, families and groups utilising a variety of intervention methods and strategies that are appropriate and responsive to client needs and meet professional expectations of ethical, effective and accountable interventions
- Provide counselling and support under the following service platforms: face-to-face, telephone, text messaging, online
- Establish effective relationships with clients which encourage self-determination and participation
- Provide counselling support to clients in accordance with TSA service delivery models

- and standards of practice
- Make ongoing assessment of clients' issues, needs and circumstances from initial intake to exit
- Regularly monitor ad review progress and outcomes of individual treatment plans and where needed take action to ensure plans continue to meet client needs or goals
- Negotiate appropriate referrals and facilitate client access to appropriate agencies within the service sector.
- Liaise with other service providers as required and participate in relevant case and service planning meetings
- Manage and monitor individual caseload/counselling targets, as determined by the service
- Maintain accurate and up-to-date records and data for all clients in accordance with TSA standards and procedures using TSA information systems and funding-bodymandated systems such as GH Connect
- Provide a range of program reports to the GH Clinical Team Leader
- Identify risks to clients, staff and TSA and bring to the attention of the GH Clinical Team Leader as soon as possible
- Effectively participate in clinical and line management supervision forums including one-to-one, clinical reviews, peer and group supervision

Training and Education

- Organise and conduct training, secondary consultation, co-counselling and other innovative and flexible responses to relevant services in the catchment area
- Develop, review and update training materials
- Liaise with other service providers to identify training needs of professionals and develop effective training strategies
- Develop strategic relationships with health and welfare professionals and bodies to support the delivery of peer education training

Service Development

- Identify service gaps and provide recommendations for service delivery improvements
- Participate in program and service planning, reporting, review, quality improvement, policy and procedure development, monitoring and evaluation activities as appropriate, to ensure efficient, effective and appropriate service provision

Teamwork and Networking

- Establish and maintain excellent collaborative working relationships that contribute towards the achievement of organisational, program and service aims and objectives
- Work collaboratively with colleagues in integrated service initiatives
- Contribute to the development and delivery of professional development programs to other professionals within the service sector
- Develop and maintain innovative and strategic relationships with relevant services in the GHCIN catchment area as directed by VRGF, including nominated portfolio services

Other Duties

 Perform other relevant duties as requested by the Gambler's Help Clinical Team Leader and Program Manager as appropriate

Scope

The Problem Gambling Therapeutic Counsellor role sits within the Gambler's Help Clinical team and has strong connections to the Specialist Financial Assistance & Gambling Support team.

This position has no direct reports.

Qualifications and Experience

- Tertiary qualifications in psychology or social work or other related disciplines are mandatory
- Relevant experience in a social service environment
- Applicants must be registered in accordance with the Health Practitioner Regulation National Law (Victoria) Act 2009 or have membership of the Australian Association of Social Workers (AASW) or have membership of the Psychotherapy and Counselling Federation of Australia (PACFA).

Capabilities

Specialist Competencies

Professional Specialisations

- Demonstrated knowledge of the impacts of problem gambling and associated comorbidities upon individuals, couples, families and the wider community
- Demonstrated ability in motivating and supporting positive change and in addressing the impacts of problem gambling, and working with underlying or contributing issues
- Demonstrated knowledge and competence in theory and practice of therapeutic counselling using a range of treatment modalities
- Demonstrated knowledge of theoretical frameworks underpinning attachment theory and trauma-informed practice
- Application of gender analysis in therapeutic counselling
- Excellent client engagement and assessment skills and demonstrated experience in dealing effectively with difficult or challenging client behaviours
- High level experience with evidence-based (needs analysis) design, implementation and evaluation
- Training and facilitation skills and the ability to design and deliver training
- Demonstrated experience in generating creative solutions to challenges
- Excellent experience in identifying and developing strategic partnerships with a range of stakeholders
- Understanding of marketing principles and a capacity to develop and implement a promotional program
- Demonstrated well-developed liaison and communication skills, including the ability to consult and negotiate with relevant agencies in the service sector and the general public

Sector Knowledge and Experience

- Experience in the following sectors:
 - o Health and mental health
 - Gambling
 - Sexual assault and abuse

- Family and domestic violence
- Families and children (including mandatory reporting requirements)
- Knowledge of the following sectors:
 - o AOD
 - o CALD and indigenous communities
 - Financial stress and/or counselling
 - Housing and homelessness
 - Courts and prisons
 - Child protection
 - Youth (including education, employment and training)
 - o Refugees and asylum seekers

Foundational Theory

- Human development
 - Knowledge of the application of theories of human development in comprehensive assessment and clinical interventions
 - Knowledge of physical, emotional, psychological and behavioural impacts of trauma and abuse
 - Knowledge and application of theories of psychopathology and recovery
- Models of intervention
 - Knowledge of models of intervention in therapy

General Competencies

Time and Task
Management

- Performs own role and responsibilities effectively
- Uses available tools effectively to assist with planning and organising

Interpersonal

Dynamics and

Communication

- Regulates own behaviours
- Conveys information effectively, both verbally and in writing
- Is appropriately assertive when expressing own ideas and opinions

Client Service

- Provides service appropriate to needs
- Respects boundaries and limits of own role and capabilities

Continuous Improvement

- Reflects on practice
- Identifies and acts on opportunities for improvement

Diversity and Conflict

- Recognises and responds appropriately to differences in culture, style and viewpoint
- Minimises and resolves tensions in the workplace

People Capability

- Maintains awareness of own skills, strengths and gaps
- Actively works to address skill and knowledge gaps

Personal Attributes

Ethical

- Reflects expected standards of behaviour and codes of conduct
- Acknowledges and learns from mistakes

Client-focussed

- Demonstrates empathy
- Ensures client needs remain key focus

Resilient

Recovers from and deals with setbacks and challenging or

stressful experiences

- Maintains appropriate self-care
- Maintains perspective

Self-aware

- Recognises impact of own behaviour and emotions on others
- Reflects on and learns from experience
- Receives and responds to constructive advice

Requirements of the Position

- Current national police record check
- Current and valid Working with Children Check
- This position may be required to work at outposts within the GHCIN catchment area (cities of Melbourne, Yarra, Mooney Valley and Moreland)
- After hours work may be required of this position

Signatures

| Employee Name | Signature | Date |
|---------------|-----------|------|
| | | |
| Manager Name | Signature | Date |