



## JOB DESCRIPTION

Position Title:	Youth Enhanced Mental Health Clinician (headspacePlus)
Position Type:	Part-Time, ongoing in accordance with Funding Agreement
Location:	Wagga Wagga
Reporting Relationship:	The position reports directly to the Manager, headspace Wagga Wagga
Position Classification:	The position is classified at Band D in accordance with the RACR Enterprise Agreement
Remuneration:	\$86,516.68-\$89,530.63 plus superannuation for fulltime and PBI tax benefit
Reviewed on:	21 December 2021

Relationships Australia Canberra and Region (RACR) honours Australia's First Peoples. RACR expects every member of staff to work towards their own cultural awareness and fitness and participate in cultural training and discussions during the course of their work.

### **The Role**

The headspacePLUS Mental Health Clinician is responsible for undertaking individual assessments and providing focused psychological strategies for young people with complex or high mental health and/or drug and alcohol needs. Additionally, the Plus Mental Health Clinical will be required to provide clinical care coordination and to support families/carers involved in the YP's care. The position will operate within the operational and geographical boundaries of the headspace Wagga Wagga service.

The position is to provide assessment, treatment, risk management, case management, focused on outreach into the community targeting very hard to reach young people, designed to support the young person and family to link in with services and pursue recovery goals. Priority will be given to young people who identify as Aboriginal and/or Torres Strait Islander, young people from culturally and linguistically diverse backgrounds, young people experiencing social and/or economic disadvantage, young people at risk of withdrawing or exclusion from education or employment, young people who have experienced trauma, and young people who are at risk of hospitalisation.

In consultation with the Manager, headspace Wagga Wagga, the Mental Health Clinician is to:

- Assess, treat, and support young people with, or at risk of, severe mental illness, who experience considerable disadvantage when accessing (or attempting to access) services.
- Carry a case load of between 15-25 young people with a severity of presenting needs relating to level of risk, duration of illness, complexity or intensity of treatment required.

- Engage with young people aged 12-25 who are (or are at risk of) experiencing a mental health or drug and alcohol problem.
- Liaising with other multidisciplinary staff to co-ordinate, facilitate and communicate client treatment including attendance at relevant case meetings.
- Provide services within a Feedback-informed treatment framework and engaging in regularly multidisciplinary clinical reviews.
- Delivering respectful, solution focused, flexible and timely responses to the needs of headspace Wagga's priority groups, in line with the client's age, social and cultural background, beliefs and individual needs.
- Implementation of activities and strategies to engage targeted groups in program services and enable young people and family and friends to participate in the management of their own/or young person's mental health.
- Provide information to clients regarding the nature of mental health and substance use problems, other information services available and how to access these.
- Advocate on behalf of young people whose care needs are being coordinated by headspace Wagga Wagga (eg. with other workers, schools, employers, careers etc.)
- strong liaison and coordination with Murrumbidgee Local Health District (MLHD) Community Mental Health Teams – with a particular focus on young people whose needs may fluctuate and who therefore require intermittent involvement of MLHD services.
- strong liaison and coordination with Hospitals services in instances where a young person requires a mental health related hospital admission.
- Liaise with GP's and (as required) other health professionals to provide patient care in the area of mental health – specifically in the development and review of care plans and participating in case conferences as outlined in the Enhanced Primary Care Guidelines.
- Contribute to the development of headspace Wagga Wagga headspace PLUS program strategies, plans and timelines in conjunction with the headspace Manager, and adhere to plans for the successful implementation of the headspace PLUS program.
- Maintain high standards of file management ensuring that accurate clinical notes are recorded, and all client's files are stored in line with legislative requirements and organisational policies and procedures.
- Comply with relevant ethical, legal, and reporting requirements governing Mental Health services including MPHNS, Relationships Australia and headspace Wagga policies and procedures and position scope of practice.
- Participate in the collection, collation and reporting of health-related data requirements for headspace Wagga, headspace National and MPHNS;
- Participate in continuous quality improvement activities and contribute to the national evaluation as required.
- Undertake continuing education as required to ensure job skills and knowledge remain current.
- Attend scheduled meetings, conferences, and work-related functions within and outside usual work hours including travel to other regions where overnight stays may be required.
- Contribute to a culture of continuous improvement by regularly reviewing administrative processes and procedures and provide recommendations to improve efficiency.
- All staff at headspace are responsible for promoting and supporting the Youth Reference Group and Family and Friends "Inclusive Practice".
- Participate in the development, implementation, and maintenance of a safe and healthy workplace and to take reasonable care to ensure own health and safety and health and safety of others; and
- Other duties as directed.

## **Selection Criteria:**

### ***Essential***

1. Relevant tertiary qualifications in any of the following disciplines: Social Work, Occupational Therapy or Psychology.
2. Extensive experience in assessment and diagnosis of mental health disorders or at risk of, severe mental illness, who experience considerable disadvantage when accessing (or attempting to access) services.
3. Knowledge and understanding of the theory underpinning evidence-based interventions and clinical practice as well as demonstrated excellence in the practical application of such, in the areas of youth mental health and alcohol and drug use;
4. knowledge, skills, and expertise for provision of culturally appropriate and socially inclusive services to young
5. knowledge, skills, and expertise in complex care
6. Skills and experience working young people and skills in engaging with young people and their families including capacity to provide flexible outreach services.
7. Demonstrated ability to work within structures of supervision and clinical accountability.
8. Demonstrated knowledge of and sensitivity to the mental health needs of young people (12-25 years) and their families to work holistically with young people around mental health, health, and wellbeing of service delivery concerns including privacy and confidentiality principles.
9. Highly developed written and verbal communication skills, and the ability to engage with, establish and maintain effective relationships with a diverse range of people, including young people, health professionals, educators, and service providers.
10. Demonstrated information management and technology skills including:
  - a. experience in the use of electronic client/customer management systems.
  - b. ability to use a desktop computer, with familiarity with the Microsoft Windows environment and Microsoft Office applications.
11. Previous experience working within a multidisciplinary environment.
12. Experience with stakeholder engagement and communication.
13. Demonstrated experience working with diverse cultural communities and knowledge of issues facing Aboriginal and Torres Strait Islander peoples and culturally and linguistically diverse individuals and communities, and LGBTIQ communities.

### **Special Requirements**

- Willingness to travel and flexibility to work out of hours occasionally
- A NSW working with children check
- Commitment to mission and values of RACR
- Understand and embed restorative principles in their work and interaction with others