

UNIVERSITY OF TECHNOLOGY

# **Position Description**

Position Title: Mental Health Nurse Position Number: Classification: HEW 7 Organisational Unit: Operations Department: Wellbeing at Swinburne

#### **Position Purpose**

This position reports to the Associate Director Health & Wellbeing Services.

The Mental Health Nurse will be an integral member of the Swinburne University Health Services team who will provide holistic care in accordance with the core values of Swinburne University of Technology Health & Wellbeing area. The Mental Health Nurse will deliver an advanced level of triage and consultation in a cross-cultural Health & Wellbeing environment. The incumbent will provide positive health experiences for staff and students at Swinburne University.

This position will consult with clients with mental health issues who are made known to the service. The aim of the position is to provide improved access to mental health services and improve outcomes in terms of recovery and relapse prevention. The dominant patient population is young adults and is culturally diverse.

The delivery of these services will support the University's commitment to the retention of students and the successful completion of their studies.

The incumbent is required to be flexible in hours to cover practice working hours, which are between 08:00am to 6:00pm.

#### Location

This position is currently located at the Hawthorn campus, but the incumbent may be required to undertake duties at any of the University's campuses. Thus, the incumbent must be willing to travel between campuses and work at a range of locations.

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Triage and Liaison	<ul> <li>To deal with any 'at risk' clients referred to the Health Service from various areas within the University including on line students</li> <li>Work collaboratively with specific areas within Swinburne Health Service: GP's, Clinical Psychologists, Mental Health Nurses, Registered nurses, Psychiatrist and Safer Community</li> <li>to liaise with Faculty's</li> <li>to liaise with Safer Community team/ Security</li> <li>to liaise with any internal and external services as required</li> </ul>
Delivery of Clinical Care	<ul> <li>The provision of efficient, effective and responsive care for the Swinburne community, who are experiencing mental health issues:</li> <li>establishing a therapeutic relationship with the patient, and family where necessary</li> <li>regularly reviewing the patient's mental state</li> <li>monitoring and ensuring the patient's quality use of their medication</li> <li>providing information on physical health care to patients</li> <li>work with General Practitioners with "intake" and initial assessment and development of a Mental Health Care Plan</li> <li>contribute to the planning and care management of the patient, including making the necessary arrangements to access interventions from other health professionals and support workers (as required)</li> <li>participate in team care and facilitating case conferencing with GPs, Psychologists, Allied health professionals, Psychiatrists and support workers with non-government organisations'</li> <li>maintain essential documentation for patients entering, exiting and continuing with care from Wellbeing at Swinburne</li> <li>in collaboration with the GP or Psychiatrist, develop and review a Mental Health Care Plan</li> <li>participate in policy and procedure development and review, and quality improvement activities</li> <li>Promotes a culture of continuous quality service improvement within the unit</li> </ul>
Working with Students	<ul> <li>Supervise students of the same discipline</li> <li>Provide interim supervision for a student whose Primary Supervisor is unavailable.</li> <li>Attend and/or facilitate group supervision of students as required.</li> <li>Complete the training requirements expected of supervising students</li> </ul>

## Key Responsibility Areas

Accreditation	• Participate and assist the Associate Director Health & Wellbeing Services in achieving Accreditation and QIP for CAPS area and in conjunction with the whole Wellbeing at Swinburne Team			
Swinburne Behaviours	Commitment to the Swinburne Values of:			
	ONE SWINBURNE	We work together, bringing our unique skills to achieve our common purpose and strategy.		
	FUTURE- FOCUSED	We commit to taking bold strides – 'moon shots' – and are constantly <b>innovating</b> , <b>disrupting</b> , <b>renewing and</b> <b>changing</b> to create tomorrow's technology and talent today.		
	ENGAGED	We strive to be the most <b>industry-engaged</b> university, to amplify our impact and support all students to be future- ready		
	EMPOWERED	We are trusted, and expected, to <b>act and make</b> <b>decisions</b> commensurate with our roles and skills, and to <b>drive continuous improvement</b> , to deliver our common goals.		
	ACCOUNTABLE	We are accountable for our contributions to Swinburne's <b>success and sustainability</b> , for the ways we work together, and for the <b>outcomes</b> that we deliver for students, partners and society.		
Other	Other duties as directed, within approved scope of practice			

### Key Selection Criteria

Candidates are required to respond to each of the selection criteria.

Qualifications	<ul> <li>Mental Health Nurse - Registration with the Nursing and midwifery board of Australian (AHPRA)</li> </ul>	Essential
	Competent clinical skills in mental health	Essential
	<ul> <li>Sound knowledge and understanding of Victorian and National Legislation governing</li> </ul>	Essential

	area of practice (e.g. Mental Health Act, Vic 2014)	
	Basic first Aid and CPR certificate	Essential
	Mental Health First Aid	Essential
Experience/ Knowledge/Attributes	• Proven clinical experience in patient assessment, management and recent acute inpatient and or community experience	Essential
	Excellent triage skills	Essential
	<ul> <li>Ability to deal with challenging Behaviours and ability to manage conflict whilst maintain professional conduct and a resolution focus</li> </ul>	
	• Proficiency in recording patient care details electronically	Essential
	<ul> <li>Organisational skills, with the ability to work autonomously, within the Wellbeing@swin multi-disciplinary team</li> </ul>	Essential
	• High level communication, written and verbal, with demonstrated high level of inter personal skills with clients, their families and all health care professionals	Essential
	Computer literacy with common Microsoft     platforms and patient management systems	Essential
	• Experience working in tertiary education or with young adults	Preferable
Other	A valid working with children's check card	Essential