

Position Description

Position Title	Mental Health Clinician
Reporting To	Clinical Lead
Employment Status	Part-Time Permanent
Classification	Health Professional Level 2 or Registered Nurse Level 2
Team/Service	Southern Wellbeing Hub – Neami, Morphett Vale
Direct Reports	Nil
Date	November 2023

PROGRAM OVERVIEW

About the Southern Wellbeing Psychological Therapies Programs:

The Southern Wellbeing Hub psychological therapies programs support clients presenting with mild to moderate anxiety, depression, stress, and trauma. The programs include brief therapy intervention for up to 6 sessions to moderate term therapy 10-12 sessions. The programs operate across a stepped care model.

Interventions range from low intensity, for those with mild presentations, psychological therapies for people with mild to moderate conditions through to clinical care coordination for people with chronic and complex mental health conditions. Suicide Prevention Services for people suitable for primary mental health care management are also available.

POSITION OVERVIEW

The Southern Wellbeing Psychological Therapies programs support clients presenting with mild to moderate anxiety, depression, stress, and trauma. Clients can be referred by GPs or community services for brief to moderate term focussed-psychological therapy under a current Mental Health Treatment Plan. The role will include the following:

- Comprehensive mental health assessments, formulations, and treatment planning
- Delivery of focussed psychological strategies and / or referral on to other clinicians in Links to Wellbeing stepped care programs

- Liaison with the referrer and other agencies as appropriate, and discharge planning
- Utilising Clinical Reviews with psychiatrist/clinical lead and team to improve quality of care and outcomes for clients.

THE POSITION

Key position Responsibilities, Duties and Accountabilities

Provide clinical mental health clinician services

- Provide clinically appropriate, evidence based mental health service, including assessment and provision of individual and group clinical interventions as required, work collaboratively with clients and their families to identify their mental health (and where appropriate, general health) needs
- Ensure escalation pathways are in place to provide an appropriate level of support if an individual's mental health needs should change
- Stepped care approach to mental health care in primary care settings through GP and Primary Mental Health Care (PMHC services)
- Follow a model of care with an integrated treatment planning approach across MH and AOD services
- Maintains links, undertakes case conferences and coordinates services with GP's, psychiatrist and allied health workers
- Provide input and advice to Southern Wellbeing Hub mental Health (PMHC) services as required
- Participates in the identification and development of a therapeutic group program as per operational guidelines
- Establish methods of data capture and develop marketing strategy, selection criteria and internal referral procedures
- Develop/source program content and materials, and implement group therapy sessions
- Evaluate group program and conduct data analysis and report

Other Clinical Responsibilities

- Participate in additional clinical responsibilities including, Clinical Supervision, Triage and Suicide Prevention Service, as determined by need and in consultation with the Senior Mental Health Clinician
- Be willing and able to provide cover for crisis and unsolicited calls or walk-ins as directed by the Clinical Lead or in their absence
- Provide leadership, secondary consultation, case review and support to other staff including clinicians, interns and youth workers as required
- Provide leadership in individual and group supervision, and attendance at team meetings and external meetings

Liaison and Networking

- Foster and maintain relationships with external stakeholders to ensure good communication flow and clear referral pathways
- Participate in community engagement activities as directed and promote the mental health and wellbeing of the community

Continuous Improvement

- Participate in the Southern Wellbeing Hub's commitment to continuous quality improvement by attending team and clinical staff meeting
- Attend training and improve professional skills relative to individual need and attend organisational staff training and development as required

Clinical Support

- Attendance at Clinical Case Reviews
- Partake in individual clinical supervision
- Clinical supervision of a colleague as required and appropriate
- Provide appropriate internal training as relevant

Records Management

- Commitment to understand service consumer data requirements and to collaborate with consumers to gather relevant data
- Consideration of individual and aggregated consumer data to inform practice and continuous service improvement
- Ensure records management obligations are met, including the proper retention of hardcopy and/or electronic records and ensuring files are accurate and up-to-date

ORGANISATIONAL ACCOUNTABILITIES

- Act at all times in accordance with the Neami National Code of Ethics
- Work in accordance with Neami National policies and procedures, including adhering to policies on Privacy and Confidentiality and Records Management
- Follow safe work practices for self and others and comply with Neami National Occupational Health and Safety management processes
- Ensure risks are identified, reported, documented and appropriately managed in accordance with Neami Group policies to ensure safe and effective services.
- Proactively work towards achieving individual and team goals, whilst demonstrating Neami National core competencies and values
- Actively engage in Professional Development opportunities and embrace learning opportunities
- Take an active role in promoting and generating quality improvements processes within your area of responsibility and more generally across the organisation
- Have a commitment to promoting a diverse and inclusive environment for all staff, consumers and carers.
- In addition to the position description accountabilities, all staff are expected to undertake any reasonable tasks as directed

THE PERSON

Experience, Knowledge, Qualifications, Skills and Attributes

Essential

- Formal tertiary qualification in Psychology, Social Work, Occupational Therapy, Social Work or Mental Health Nursing
- Accredited registration with a professional governing body such as AHRPA, ACA, AASW
- A valid Working with Children Check
- A valid Vulnerable Person check
- Minimum 2 years supervised
- A minimum 2 years supervised experience in the area of mental health
- A minimum 2 years relevant professional development and or supervision
- Experience in delivery cognitive behaviour therapy and other evidence-based interventions
- Experience as a Mental Health Social Worker, Occupational Therapist, Mental Health Nurse, Psychologist, or PACFA registered.

Desirable

- Knowledge of Occupational Health, Safety and Welfare Act, policies and practices
- Knowledge of Equal Opportunities Legislation, policies and practices
- Knowledge of Professional Codes of Conduct and Ethics: aware of and practicing within relevant Federal and State Legislation and the relevant Professional Code of Practice, Conduct and Ethics

ACKNOWLEDGEMENT OF POSITION DESCRIPTION

This position description is current at date of approval. It may change from time to time to reflect operational needs and changes to organisational reporting relationships.

By signing your employment agreement, you acknowledge that you have read, understood and accept the responsibilities and accountabilities as outlined above in this position description.