

Position Description:

Title: **Eating Disorder Social Worker/Psychologist/Counsellor**

(Medicare/NDIS)

Hours: Negotiable

Award: Contractor

Location: Brisbane (State-wide service delivery, onsite and telehealth)

The **Eating Disorder Social Worker/Psychologist/Counsellor (two positions available)** provides therapeutic services to people with a range of eating disorders who have either Medicare referrals or NDIS Packages.

Eating Disorder experience not essential but is preferred. Trauma-informed practice is highly regarded.

Training and supervision (non-registrar supervision) can be provided.

This position operates within a collaborative team environment that is responsive to the needs of service users and is committed to continuous improvement and best practice principles. The practitioner is also required to work within the Vision and Mission of Eating Disorders Queensland (EDQ) and contribute to organisational objectives.

Eating Disorders Queensland (EDQ) (Formerly known as The Eating Issues Centre)

Eating Disorders Queensland is a community-based organisation providing therapeutic groups, counselling and peer mentoring, as well as information and referral services, to people with eating disorders and their carers.

Our Values: **Nurture, Empowerment, Integrity, Innovation, and Collaboration.**

Working Principles

- Valuing Relationships, self-care, care and connection through engagement and capacity building.
- Strong collaborative, shared decisions making environment.
- Respectful recovery orientated, empowerment and strengths-based processes that promote empowerment, self-determination, inclusion and choice.
- Promoting individual and social change as well as prevention.
- Valuing each person and lived experience.

- Recognizing the interactive impact of individual factors, family factors (including genetics), socio cultural factors, and gender on the development, maintenance, and prevention of eating disorders.
- We value the important role that medical and psychiatric services can have in recovery from an eating disorder and offer our services as a partner as well as alternative to the medical model, depending on client need.

Workplace health and safety (WHS) responsibilities: All employees are required to take reasonable care for their own health and safety and that of other personnel who may be affected by their conduct.

Key Responsibilities

1. Work in line with EDQ's policies and procedures.
2. Deliver specialist counselling services to people with eating disorders from a multi-disciplinary approach underpinned by evidenced based practice frameworks with an evidenced based understanding of the impact of eating disorders in clinical work with adults, young people and families, as well as working with related co-occurring mental health and social issues.
3. Commitment to working within a Trauma informed, Feminist and Social Justice practice framework in relation to Eating Disorders
4. Have a knowledge of and work within Medicare requirements, processes and procedures
5. Foster a culture of collaboration that is committed to reflective practice, individual/team supervision, professional development, and professional ethics
6. Proactively communicate as a member of a team contributing to shared work functions and team processes.
7. Create and maintain records via EDQ's Medicare software/system in relation to client notes, measurement tools, GP Mental Health Plan or Specialised Eating Disorder Care Plan, NDIS, and GP client reports.
8. Commit to client KPI of 6 per day
9. Work in collaboration with EDQ's admin support regarding client session bookings and payment process.

Relationships

The contractor role sits within the Allied Health Team, supervised by EDQ Senior Practitioner and reporting to EDQ Chief Executive Officer.

Key Requirements:

1. A tertiary qualification in Social Work, Psychology, Occupational Therapy or Clinical, Psychology, with training and/or experience in the eating disorders field being highly valued, but not essential.
2. Hold a Medicare Provider number and/or NDIS eligibility
3. Knowledge and understanding of Medicare and NDIS system and processes.
4. Strongly aligned with EDQ's feminist framework which values relationship, openness, transparency and diversity, anti-oppression, and a strong social justice perspective.
5. Have passion about eradicating weight stigma and diet culture.
6. Promote the voices of lived experience through consultation
7. Demonstrated experience in counselling with a comprehensive understanding of the impact of eating disorders in clinical work with adults, young people, and families as well as co-occurring presentations, such as mental health and drug and alcohol concerns.
8. Demonstrated experience working with complex clients
9. A solid understanding of evidence based psychological interventions e.g. Acceptance and Commitment Therapy, Narrative Therapy, Expressive Therapies and/or Dialectic Behaviour Therapy and Specialist Supportive Clinical Management of Eating Disorders (SSCM) is also required.
10. Highly developed interpersonal skills, emotional intelligence, and excellent engagement skills, especially in engaging people with eating disorders.
11. Autonomous worker guided by EDQ policy and procedures and professional registration body's guidelines

The applicant must possess:

- the Queensland Police National Police Records Check;
- the Queensland Working with Children Check (renewed every 5 years)
- the Queensland 'Yellow Card' Application for criminal history screening



Eating Disorders Queensland.

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Applications should include a resume, one-page cover letter, and statement addressing the selection criteria. Send all applications to admin@edq.org.au by close of business 23/03/2021. Please be aware that any interviews will be scheduled as we receive applications.

