



TOUCHSTONE

COUNSELLING & SUPERVISION

Accredited Mental Health Social Worker or Psychologist

Contractor or Casual Employment | 2–4 Days Per Week | The Gap, Brisbane

Trauma-Informed Mental Health Care

Touchstone Counselling & Supervision is a growing private practice with an office in The Gap, Brisbane. We provide in person and online trauma-informed mental health care for adults, couples and families.

We are seeking Psychologists and/or Accredited Mental Health Social Workers to join our professional team.

Our ideal candidate is passionate about helping people heal from the effects of trauma while also supporting stronger mental health, relationships, confidence, functioning and quality of life.

Our clients may be living with childhood adversity, complex trauma, single-incident trauma, abuse, workplace psychological injury, chronic stress, anxiety, depression, grief, relationship difficulties or neurodivergence. Some clients come specifically to address trauma; others want to feel better, function better, improve their relationships or regain a sense of stability and direction.

We use Focussed Psychological Strategies and other evidence-based therapies to help clients make meaningful, sustainable change. We are looking for clinicians who combine sound clinical reasoning and evidence-based strategies with the capacity to build safe, respectful and effective therapeutic relationships.

Why Join Touchstone?

Touchstone offers the benefits of private practice without the burden of building it alone. You will be part of a supportive clinical community while retaining flexibility in how you structure your work.

We offer:

- consistent referrals across Medicare, WorkCover Queensland, NDIS, Open Arms, DVA and private funding streams
- contractor or casual employment options
- flexible scheduling, with 2–4 days per week available
- administration, systems, clinical templates and practice support
- comfortable consulting rooms in The Gap and telehealth options
- clinical mentoring, supervision and professional development
- a collaborative culture that values curiosity, accountability, respect and ongoing learning

The Role

You will provide Focussed Psychological Strategies and other evidence-based therapies to adults, couples and families, in person in our office in The Gap, and via telehealth.

Your work will include clinical assessment, case formulation, treatment planning, therapeutic intervention, session documentation, reporting and professional communication with referrers and relevant third-party stakeholders.

You will provide medium- to long-term therapy that supports stabilisation, improved mental health and functioning, stronger relationships and meaningful progress toward each client's goals. Where appropriate, you will help clients address the effects of trauma using evidence-based strategies, while ensuring therapy remains guided by the client's needs, readiness and priorities.

You will work with care, consistency and professional accountability, contributing to a practice known for high-quality clinical work, respectful therapeutic relationships and meaningful outcomes.

The Kind of Clinician Who Thrives at Touchstone

You are motivated by making a genuine difference in people's lives. You understand that meaningful outcomes are supported by a safe, consistent and boundaried therapeutic relationship.

You are able to hear and work respectfully with difficult experiences, including complex trauma and respond with compassion and evidence-based strategies that foster autonomy, confidence and sustainable change.

You value reflective practice, are open to feedback and are eager to continue developing your clinical knowledge and skills. You are reliable, organised and take pride in high-quality care, documentation and communication.

Essential Qualifications and Experience

You will bring:

- registration as a Psychologist with AHPRA or accreditation as a Mental Health Social Worker with the AASW
- eligibility for a Medicare Provider Number
- demonstrated experience providing Focussed Psychological Strategies and other evidence-based therapies for adults, couples and/or families
- experience working with trauma and complex mental health presentations, or a strong commitment to developing expertise in trauma-informed practice
- strong therapeutic engagement, assessment, case formulation and relationship-building skills
- excellent communication, documentation and organisational skills
- confidence working collaboratively with GPs, WorkCover case managers, NDIS providers, Open Arms, DVA and other stakeholders
- ability to work both, in person in our office in The Gap, and via telehealth
- commitment to ethical practice, professional boundaries, respect, accountability and continuous learning

Training or experience in EMDR, CBT, ACT, Schema Therapy, DBR, Sensorimotor Psychotherapy, Resource Therapy, Internal Family Systems or other evidence-based trauma approaches will be highly regarded, but is not essential.

Apply

To apply, please send your CV and a one-page cover letter outlining your interest in the role and how your experience would contribute to Touchstone Counselling & Supervision.

Julie Chalmers, Practice Principal

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Applications close: Sunday 2 August 2026

Touchstone Counselling & Supervision is an inclusive employer. We welcome applications from clinicians of all backgrounds and lived experiences.



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