

7 April 2026

Dear Applicant,

Thank you for your interest in the position of **Community Access and Homespace Worker (CAHS Worker) at Community Living Program (CLP)**.

**Please find attached an application kit containing the following documentation:**

- Position Description (CAHS Worker)
- CLP Service Framework
- Trauma, Vicarious Trauma, Burnout and Self Care Policy and Procedure

Community Living Program works alongside people with intellectual and cognitive disabilities to build their capacity to work towards their hopes, dreams and goals. We work alongside individuals and the significant people in their lives, inclusive of families, friends and other formal supports. We provide holistic individual casework; facilitate social and capacity building groups; and engage in projects and community work. We value practices that are relationship-based, disability and trauma-informed using developmental and capacity building frameworks.

We invite passionate, creative and values driven people to join our team of committed social and human service workers. Community Living Program values diversity of staff and people we work alongside. We welcome applications from candidates from a diverse range of racial, social, cultural, gender and disability backgrounds that reflect our community.

**This is a full-time (38 hours/week) position.** Remuneration is at a SCHADS Level 2 (Social and Community Services Pay Scales). There is opportunity to increase your income through inclusion in our salary sacrificing program. The SCHADS award can be accessed here: [Social, Community, Home Care and Disability Services Industry Award 2010 \[MA000100\] - Fair Work Ombudsman](#)

**Benefits of working in the Community Living Program:**

- Variety of individual, group, and project work opportunities supporting people to achieve individual and collective goals for change.
- Diverse practice and skill development opportunities. CLP supports young and older adults with diverse needs and lived experiences.
- Receive day to day practice support and regular formal supervision by a qualified and experienced Social Worker (weekly for the first 3 months moving to monthly after).
- Attend weekly team meetings for case reflections and team development
- Comprehensive induction and internal training sessions
- Mobile Phone & Laptop
- Not for profit salary packaging

**Further information:**

- Appointment to the position of **Community Access and Homespace Worker** will be subject to a Blue Card 'Working with Children Check' and 'NDIS Worker Screening Clearance'

- Prior to start date, the successful candidate must have blue card and NDIS Worker Clearance Card and provide a certificate to demonstrate completion of NDIS Worker Orientation Module “Quality, Safety and You”.

**To apply for the position of CLP CAHS Worker please submit the following documents:**

1. **Curriculum Vitae.** Please include name, position and contact details of 2 referees who can comment on your work.
2. **Cover letter answering the questions below.** Please provide examples of your work experience.

**Applications with no response to the questions below will not be considered.**

- Q1: Outline your experience working alongside people with an intellectual or cognitive disability? Or other support work experience you have.
- Q2: How do you operate as a member of a team, including any teams and stakeholder groups you are a member of?
- Q3: How would you support a person with intellectual or cognitive disability to achieve their goals and live the life they want to live? Discuss what knowledge, skills and values would guide you. Please share examples from your work experience.
- Q4: Please confirm you have a current Blue Card, a NDIS Worker Screening Card and a driver’s license and access to a personal vehicle for occasional work purposes.
- Q5. Relevant qualifications are desirable, but not mandatory. Please list any relevant qualifications (e.g. certificate or diploma in community work, bachelor of social work or human services)

**Please forward applications in writing to:**

[reception@communityliving.org.au](mailto:reception@communityliving.org.au)

ATTN: Sarah MacDonald, CLP Team Leader

Community Living Association is committed to creating inclusive and safe workplaces. We encourage applications from Aboriginal and Torres Strait Islander peoples and people from diverse backgrounds.

Applications will be reviewed as they are received and interviews will occur on a rolling basis until the position is filled. **Please apply at your earliest convenience.**

If you would like further information about the role, we welcome your enquiry. Please contact Sarah MacDonald on 3266 5633.

# COMMUNITY LIVING ASSOCIATION

## ROLE DESCRIPTION

### Community Access and Homespace Worker

#### **Purpose of this position:**

Community Living Program works with people with intellectual, cognitive, and/or psycho-social disabilities (constituents) to enable them to achieve their maximum potential as members of society. We value relationship-based, trauma-informed, disability-informed and capacity building practice.

The Community Access and Homespace Worker (CAHS) is responsible for providing proactive and direct outreach support to constituents and their significant others to support their goals and build resources, relationships, decision making and knowledge.

#### **Characteristics and Features:**

- Work under general guidance and direction from Key Workers and Team Leaders to utilise knowledge, as outlined in the role requirements, to provide direct support for constituents.
- Contribute and assist Key workers to establish goals and outcomes in the case work and capacity building projects with constituents, and any groups/or projects arising in this work.
- Manage, plan and organise your own work and may be required to oversee the work of a limited number of students and volunteers.
- With supports from Key Workers and Team Leaders, CAHS workers will apply CLA's capacity building Framework, CLP Practice Framework, and other practice principles, guidelines, policies and procedures as relevant to the role.
- Freedom to act within established CLA policy and guidelines when engaging in direct support and capacity building projects with constituents. Consultation and support from CLP Key Workers and Team Leaders will be sought where risk assessment, safety planning, critical incidences or reporting arise.
- Operate as a member of a team and may contribute knowledge and skills in organisational meetings.

#### **Duties and Responsibilities:**

- Under the directions and guidelines from Key Workers and Team Leaders, CAHS workers engage in project work (short & long-term) and provide direct support for constituents with an intellectual, cognitive, and/or psychosocial disability.
- Actively building purposeful relationships with constituents and support them to build their capacity and achieve their goals at their home or/and in community.
- Actively support constituents to link with people, services and activities in the community (e.g., community activities & recreation activities )
- With assistance from Key Workers and Team leaders, CAHS workers are required to apply CLA's Practice Framework, CLP Practice Framework, and CLA's Policies and Procedures in the work, to ensure best practice and to 'champion' the rights, needs and hopes of the constituents we work with
- Assist in development or implementation of support plans for constituents, under the guidance from Key Worker and Team leaders.
- Utilise group facilitation and conflict resolution skills in the work, as required.
- With assistance from Key Workers and Team Leaders, CAHS workers work collaboratively with families, significant others and potential internal and external stakeholders to advance constituents' needs and goals.

- Appropriately challenge and confront ideas and actions which place constituents at risk of exploitation or involvement in illegal activities, with the support of the CLP Key Workers and Team Leaders where appropriate.
- Engage in professional development as provided by the organisation and your team leader, specifically training, supervision, debriefing, team meetings and general support in crisis interventions, conflict resolution, trauma-informed practice and undertaking risk assessments, safety planning, amongst other skills and knowledge.
- Share administrative responsibilities (e.g., reception duties, locking up and recording at team meetings)
- Actively participate in organisational processes including team and program meetings, and other cross organisational training and development.
- Maintain record keeping such as case notes, minor expenditures, and assist the Team Leader with programmatic/organisational data and reporting.

### **Requirements:**

- Previous experience and knowledge in working with people with an intellectual, cognitive and/or psycho-social disability.
- An ability to develop knowledge of the helping process and developmental practice.
- An ability to develop knowledge in trauma-informed practice, crisis intervention, safety planning and risk assessments, whilst engaged in the role.
- A commitment to social justice, including the ability to work with work with people from diverse and oppressed backgrounds (LGBTIQ+, CALD, First Nations).
- Driver's license and use of own vehicle for work purposes (mileage reimbursed as per SCHADS Award)
- NDIS Worker Orientation Module certificate of completion
- Yellow Card, Yellow Exemption, OR NDIS Worker Screening Clearance
- Blue Card "Working with Children Check"

### **Accountability:**

- CAHS workers are accountable to their Team Leaders
- Workers are required to follow CLA's Policies and Procedures, and statutory requirements
- In accordance with the Staff Supervision and Staff Development Policy, regular supervision will occur.

# Community Living Program

## POLICY AND PROCEDURES

### PURPOSE

The Community Living Program (C.L.P.) is the original service activity of C.L.A. Inc.

#### **Purpose**

The Community Living Program is a community managed service that works with people with an intellectual disability to enable them to achieve their maximum potential as members of society:

- Through enabling people to make and act on their own decisions.
- Through working to create a community that includes all its members.

#### **CLP Offers**

- Environmental context (structures) in which people can define what is important to them and take control of their lives.

One environmental context that C.L.P. offers is 'your own place' where the adult is in control. Other environmental contexts are the wider community and participation in management of C.L.P.

- A way of working that enables people to take control of their own lives (process).

These include building a working relationship, 'unconditional positive regard', focusing on abilities rather than disabilities, working at people's pace, utilising experiential learning processes, giving lots of positive feedback and enabling people to control resources.

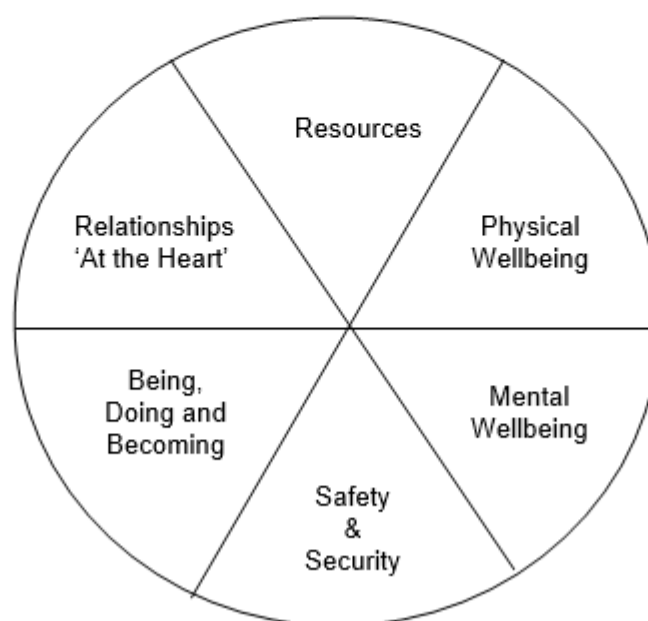
- A holistic approach

C.L.P. accepts the need for adults to develop their competencies across a range of skill areas if they are to successfully become independent.

Such competencies include:

- behavioural skills (e.g. handling money, using phone, etc.)
- social skills (e.g. making friends, negotiating)
- self-skills (e.g. delaying gratification, feeling good about self, handling frustration)

## C.L.P. SERVICE FRAMEWORK

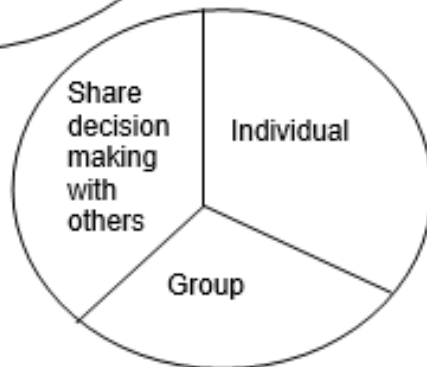
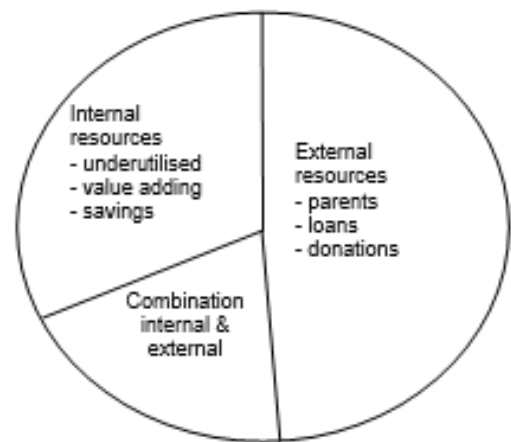
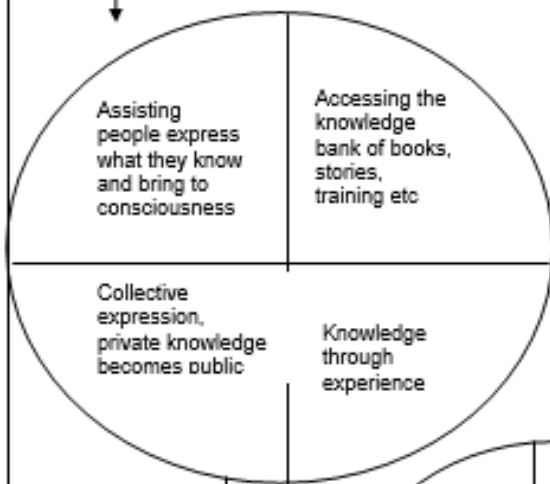
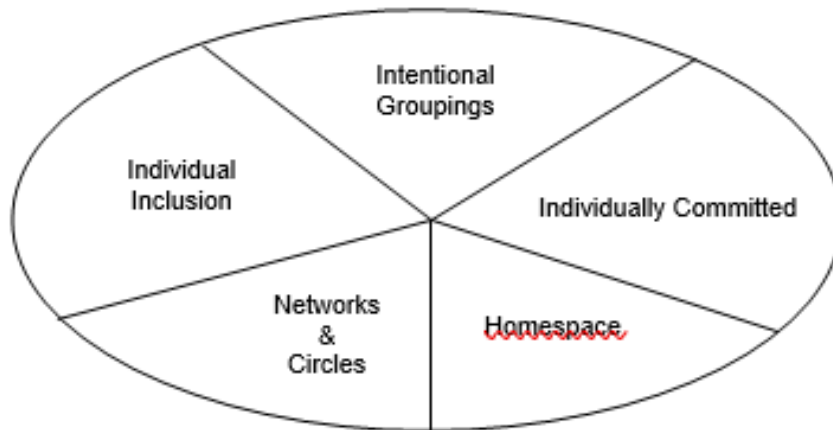


- Relationships are at the heart of our lives; we seek out relationships be cause of our need for others; relationships banish loneliness, offer friendship, offer intimacy, offer opportunity to strive together, to celebrate, to be joyful, to commiserate and to assist each other in times of need. There can also be darkness in relationships; anger, exploitation, harshness and cruelty. There can be loss. CLP believes relationship building work should be at the heart of our practice.
- Safety and Security people with intellectual disabilities are over-represented as victims of physical assault including sexual assault, fraud and bullying. While it is not possible to guarantee security to anyone living and interacting in the community, we recognise the potential for exploitation of people with intellectual disabilities and the requirements for proactive strategies and the unfortunate necessity for reactive strategies.
- Mental Wellbeing is to be strived for, a sense of personal potency, a positive view of self, a sense of confidence about one's self in the world. However, our thoughts and emotions can create our own personal hell. Chemical changes in the brain, horrific events and exploitations, abuse and belittling, loneliness, boredom, addictions and substances, poor physical health, the stress of living, lack of adequate housing or income can chip away and imperil our psychological being.
- Physical Wellbeing is a gift. Our bodies can bring us pleasure but also pain. On many fronts we engage in an ongoing struggle between healthy choices and not so healthy choices. Nutrition, exercise, substances and hygiene. Sometime the harder life is the more we are pushed towards unhealthy options.
- Being, Doing and Becoming. Being happy with who you are, getting joy out of doing, feeling that you are a valued member of society, that your contributions are valued by others, the opportunity for change, development and to continue becoming.
- Resources; housing, income, food, clothing, furnishings and transport.

# CLP Practice Framework:

- Capacity Building Framework
- New Resources
  - New Relationships
  - New Knowledge
  - New Decision Making

Relationship Building Framework



# Community Living Association

## POLICY AND PROCEDURES

### Trauma, Vicarious Trauma, Burnout and Self-Care

#### PREAMBLE

Work in community services and at CLA can be stressful and tiring as well as fulfilling and rewarding. The work at CLA can also involve working with people who have experienced trauma and may be experiencing trauma on a continuing basis. Work at CLA can also at times include involvement in situations where workers (paid staff) and volunteers may feel personally threatened. This happens rarely but can happen.

CLA identifies these potentials not as a way of deterring people from working in the organisation but as a reality which people should be prepared for.

We encourage prospective workers, including students at CLA to reflect on their personal history of trauma and whether it is something they consider in their self-care plans. Prospective workers are encouraged to reflect on how they will plan for an appropriate work/life balance, monitor their sleep and self-care plans; if you are successful in being offered a position at CLA we will support you to reflect on these matters.

#### POLICY

CLA recognises the potential for burnout, vicarious trauma and trauma impacts of this work and will work with its workers to maintain appropriate self-care.

#### PROCEDURE

- CLA will take proactive measures to reduce the impacts of trauma, vicarious trauma and burnout by providing regular supervision, team building opportunities, team meetings and professional development.
- Applicants for work at CLA will receive a copy of this policy and procedure as part of the Application Pack – included in Recruitment Checklist.
- Interview processes will include questions related to potential for exposure to vicarious trauma and trauma.
- This policy will be included in Induction Checklist.
- Supervision will include checking with workers on self-care plans and strategies. This will be written into every supervision agreement. (See Supervision Agreement)

- Workers are encouraged to consult resource material on burnout/vicarious trauma and trauma/self-care and sleep hygiene. (See Related Documents)
- Team Leaders and workers are reminded that if there are concerns about worker safety then safety plans need to be established. (See Section 2.4.12 Outreach Worker Safety Policy)
- It is not an expression of personal failure for workers to experience fatigue, apprehension or distress. It can be a natural reaction to stresses on the job. We encourage workers to be open about these feelings with their supervisor.
- Where workers are experiencing negative impact due to the work, team leaders will engage with them around remedial actions. These may include self-care plans, safety plans, counselling, critical incident responses, disengagement from certain situations.
- Where a worker is experiencing, or is at risk of experiencing burnout, vicarious trauma or trauma (eg. Following a critical incident) they may request or be offered up to 3 counselling sessions with an external social worker or psychologist. Where this is considered beneficial to the work, the worker and their team leader will seek approval from the Coordinator or the Practice Manager. Where approved by the Coordinator or Practice Manager, CLA Inc will pay the reasonable cost of the sessions and the workers hours to attend. Where these sessions occur outside of the workers ordinary hours, they are entitled to take the hours as Time off in Lieu / flex time at one to one ordinary hours.
- Where a critical incident has impacted multiple workers or teams, the CLA Coordinator or Practice Manager may contract an external provider (eg. A Social worker or psychologist) to provide a group debrief and / or group supervision session with the impacted workers or teams.

## RELATED DOCUMENTS

- <https://vikkireynolds.ca/resisting-burnout/>
- [10 Phrases you hear in resilient families](#)
- [10 Reasons You Should Stop Working Long Hours Today](#)
- [Self-Care Plans and Well Being Scales](#)
- [SMART Selfcare Template](#)
- [Top Up Sheet - Healthy Mind Platter](#)
- [Vicarious Trauma](#)
- [What About You A Workbook For Those Who Work With Others](#)
- [10 Resilience and Bounce Back](#)