



## position description

<b>Job Title:</b>	Mental Health Clinician
<b>Position ID:</b>	New
<b>Location:</b>	Quandamooka People   Redland City
<b>Division/Programme:</b>	Client Services / Children & Families
<b>Immediate Manager:</b>	Team Leader Child Mental Health Program
<b>Area of Responsibility:</b>	
<b>Or</b>	Nil
<b>Direct Reports:</b>	

### about us

**yourtown** is a trusted provider of services for young people, with a focus on mental health and wellbeing, long-term unemployment, prevention of youth suicide, child protection, as well as support for those experiencing domestic and family violence.

We exist to help young people realise they can tackle whatever life throws at them. To believe in their unique strengths, tenacity and self-determination, to identify and create the path they want for themselves.

Our goals are achieved through genuine collaboration with community, we depend on the support of donors, sponsors, governments and Art Union supporters to fund our vital services, to give children and young people the confidence to rise up and keep moving forward to achieve their potential.

**yourtown** has a zero-tolerance approach to abuse and we believe that Safeguarding is a shared responsibility of all, for all.

### purpose of the position

To provide evidence based, child-centred and family-focused psychological therapies for children aged 0 – 12 years with moderate to severe mental illness, to improve their health, resilience and wellbeing.

### responsibilities

May include, but are not limited to:

- Support children and their families by providing a single-entry point into mental health care and wrap-around supports and services.
  - Provide intake, assessment, planning and referrals within a client-centred and family-focused framework for children 0 to 12 years experiencing moderate to severe mental health challenges and their families
  - Undertake a range of assessments including psychological, psychosocial assessments, and wellbeing measures.
  - Deliver evidence-based psychological therapies tailored to the assessed needs of each child and family which may include:
    - Cognitive Behaviour Therapy (CBT)
    - Trauma-focused CBT
    - Client-centred Creative Therapies

- Narrative Therapy
- Activity based interventions to support home, school and social wellbeing
- o Support children to improve their emotional wellbeing and mental health, social skills, emotional regulation, learning and attention, and to reduce aggressive and/or disruptive behaviours.
- o Work with families to improve parental understanding of the child's needs and how to support their child, improve the parent-child relationship and increase access to psychological therapies and wrap-around supports.
- o Ensure that children and their families are linked and transitioned to appropriate support services in exit planning.
- Work collaboratively with program staff and other agencies to achieve positive outcomes for children and their families
  - o Engage with and refer to complementary wraparound supports to ensure children and their families receive integrated services.
  - o Work closely with the child's referring General Practitioner, or referrer to provide integrated support and provide referrals to internal support and/or external specialist assistance.
  - o Participate in activities with children and families with lived experience of mental ill-health to contribute to the ongoing co-design, planning, development and review of services.
  - o Participate in regular meetings with Primary Health Network (PHN) and other relevant networks.
  - o Develop and maintain appropriate networks within the community and assist families in accessing these as needed.
  - o Participate in case consultations with other internal and external stakeholders.
- Develop and maintain client records, internal and external data collection and contribute to service evaluation.
  - o Ensure data is recorded in relevant systems within required time frames.
  - o Provide reports for internal and external agencies as required.
  - o Comply with the **yourtown** Case Management Framework, Duty of Care Policy, and related policies and procedures.
- Participate in and meet the requirements for Practice Supervision and Client Skills Training.
- Demonstrate an understanding of and meet the requirements of the position and all performance expectations including:
  - o Maintaining currency of knowledge with regards to relevant legislation, professional practice and emerging trends to ensure advice is current and effective.
  - o Participating in other duties and cross-functional teams as may be required, in order to achieve efficient and effective **yourtown** services.
  - o Participating in and meeting the expectations as agreed pursuant to the Organisational Performance Framework.

- From time to time assist in other locations and travel intrastate, or interstate, as required.

#### at **yourtown** our team members:

- Adopt a culture of individual and organisational accountability, shared mission, mutuality of respect and responsibility, growth mindset and continuous improvement.
- Invest in their own ongoing professional development and leadership capability through active learning, seeking and giving feedback, and participating in **yourtown** leadership impact opportunities.
- Solve team and organisational problems using a super team approach leveraging cross functional capabilities and skills with diverse thinking to create a future ready workforce.
- Engage respectfully and meaningfully with Aboriginal and Torres Strait Islander communities, stakeholders, clients, and colleagues. Actively support initiatives identified in **yourtown's** Stretch Reconciliation Action Plan 2023 – 2025

#### selection criteria

##### *Essential knowledge, skills, abilities:*

- University level qualifications in Psychology, Occupational Therapy or Mental Health Social Work
- Registration with Australian Health Practitioners Registration Agency (AHPRA) that meets the relevant National Board's registration standard i.e. Psychology Board of Australia or Occupational Therapy Board of Australia. Mental Health Occupational Therapists will also need to meet the Australian Competency Standards for Occupational Therapists in Mental Health. Mental Health Social Workers are required to be members of the Australian Association of Social Workers and meet the Practice Standards for Mental Health Social Workers.
- Minimum of 3 (three) years' experience providing psychological therapies for children and their families.
- Demonstrated experience in psychological, sensory and functional assessments and interventions.
- Demonstrated experience and commitment to evidenced-based therapies in line with the person's needs, as well as a strong foundation of underlying principles of a strength based, client-centered, attachment and trauma informed framework.
- Demonstrated knowledge and skills in working with children experiencing moderate to severe mental health issues and the diverse range of issues impacting on children and families.
- Demonstrated skills in clinical assessment, case planning, delivery of therapies, and capacity to provide culturally appropriate psychological responses to children and families.
- Demonstrated capacity to work effectively as a member of a multidisciplinary team, to work collaboratively, and establish and maintain professional relationships with all stakeholders.
- Knowledge and understanding of relevant professional and ethical standards and legislation, e.g. Child Protection and Mental Health.

- Demonstrated high level communication skills, including written skills and the ability to prepare and contribute to reports.

*Desirable knowledge, skills, abilities:*

- Demonstrated experience in working with children and their families within the community and family environment i.e. outreach with the ability to be accountable, assess and manage risk and maintain professional boundaries.
- Demonstrated experience in participating with children, families and the community in the co-design and review of services.

#### requirements

The Mental Health Clinician must always:

- Comply with the relevant state or territory requirements for working with children.
- Maintain satisfactory National Criminal History Check.
- Meet the ongoing requirements of professional registration, or Mental Health accreditation.
- Possess an unrestricted current Driver's Licence.
- Comply with **yourtown** workplace vaccinations procedure.
- Demonstrate conduct compliant with **yourtown** Code of Conduct.
- Maintain confidentiality and discretion in all matters.
- Align to the mutuality of safety and wellbeing for self and others in all **yourtown** workplaces and work-related activities.
- Uphold the **yourtown** safeguarding commitment in every aspect of their role.

Review and Version Control				
Version	Authorised by	Approval Date	Effective Date	Comment
1.0	Jodie McAloney	31/12/2025	31/12/2025	Newly created position for a PHN pilot. Allied Health Clinician used as the basis of the PD, and edited by Family Support Services Mgr.